



Sundara Inn & Spa

cabana menu

starters

lettuce wraps 9

chicken, black mushrooms, water chestnuts, green onions and cilantro soy dipping sauce

bruschetta 8

an assortment of fresh house made toppings, served with a grilled baguette and cucumber planks

hummus plate 8

preserved feta cheese, cucumbers, olives, toasted pita and cucumber-yogurt sauce

chips and guacamole 9

organic blue corn tortilla chips with spa-made guacamole

chef's selection of cheese 16

a pairing of artisanal cheeses with seasonal fruit

soup and salads

chicken and grapes 12

antibiotic-free chicken, red grapes, basil, apples and lemon, served with warm pita

crab mango salad 12

lump crab, fresh mango, lime, cucumber and mint vinaigrette

orzo salad 8

orzo pasta with sweet and sour bell peppers, balsamic dressed with arugula and tomato

seasonal fruit salad 7

a delicious combination of the season's best fruit

gazpacho 7

cold cucumber tomato soup with crème fraiche

entrées

chorizo quesadilla 9

chorizo, jalapeño cream cheese, corn relish, crème fraiche and pico.

sundara club wrap 9

whole wheat tortilla, turkey, avocado mayo, applewood smoked bacon, lettuce, grape tomato and arugula.

turkey burger 9

sundara spiced and served on a whole wheat bun, lettuce, tomato, onion and served with orzo pasta, organic chips or fruit salad.

portabella mushroom burger 7

marinated and grilled portabella mushroom, fresh mozzarella, roasted red bell peppers, arugula and truffle mayo

jerk chicken sandwich 9

marinated jerk chicken, tomato, swiss cheese, cabbage slaw and served with orzo pasta, organic chips or fruit salad.

served from 11:00 am to 5:00 pm to order call 2033

Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.



Sundara Inn & Spa

sundara hand crafted cocktails

the piña colada 8

we make our piña colada with Captain Morgan Rum, cream of coconut and topped with Myers dark rum

spicy mango chelada 7

spicy mango syrup, fresh lime juice and Corona

sundara cosmopolitan 8

our take on a classic, made with orange vodka

raspberry cosmopolitan 9

just like it sounds berry-licious

flirtini 9

vodka, Cointreau, champagne and cranberry juice

chocolate martini 9

rich and delicious with Godiva Chocolate Liqueur

mojito 8

made with fresh limes, mint simple syrup and finished with Bacardi silver

watermelon mojito 8

made with fresh watermelon, limes, mint simple syrup and watermelon rum

pineapple mojito 8

made with mint leaves, fresh pineapple, pineapple rum and brown sugar

domestic beer 3

Miller Lite, Leinenkugel's Seasonal, Honey Weiss

specialty beer 4

Amstel Light, Heineken, Guinness, Corona, Blue Moon

soda 2

Coca-Cola, Diet Coke, Sprite

sundara water 2

fiji water 4

perrier 4

republic of tea bottled tea 5

smoothies

sunrise smoothie 7

bananas, strawberries, orange juice, yogurt

black beauty smoothie 7

blackberries, blueberries, grape juice, yogurt

rhapsody smoothie 7

cranberry, raspberry, strawberry, yogurt

rainforest rave smoothie 7

guava, mango, pineapple, yogurt

colada cooler smoothie 7

non-dairy, pineapple, coconut, banana

brainwave smoothie 7

non-dairy, soy milk, blueberry, banana, apple

to order call 2033