



LUNCH MENU | 11AM - 4PM

## Energizers

(V, GF) **Kale & Apple Salad** 14

Fresh Kale | Red Cabbage  
Shredded Carrot | Granny Smith Apple  
Walnuts Champagne Vinaigrette

(VG, GF) **Spinach Salad** 14

Fresh Spinach | Julienne Tomato | Red Grapes  
Candied Pecans | Feta  
Balsamic Vinaigrette

(GF) **Cobb Salad** 14

Field Greens | Grilled Chicken Breast | Pancetta  
Grape Tomato | Onion | Egg | Avocado  
Balsamic Vinaigrette

(VG, GF) **Caprese Salad** 13

Heirloom Tomato | Burrata | Basil  
Aged Balsamic

**Grilled Steak Salad\*** 16

Pickled Bean Sprouts | Marinated Skirt Steak  
Julienne Tomato | Scallion | Wonton  
Thai Vinaigrette

**French Onion Soup** 8

4 Onion | Baguette  
Emmenthaler Cheese

## Sharables

(VG) **Chef's Assorted Cheese Plate** 18

Assorted Cheese | Crackers  
Fresh Berries | Berry Compote  
**Add Assorted Salami** 8

(GF) **Ahi Tuna Bites\*** 16

Napa Slaw | Avocado | Sriracha Aioli  
Sesame Crackers

**Firecracker Crab** 16

Jumbo Cold Water Crab | Heirloom Tomato  
Scallion | Firecracker Aioli

(V, GF) **Chips and Dip** 11

Guacamole | Pico de Gallo

(VG) **Roasted Garlic Hummus** 14

Tomato | Cucumber | Carrot | Green Bean  
Feta | Kalamata | Toasted Pita

(VG) **Margherita Flatbread** 14

Tomato | Burrata | Basil | Balsamic Glaze

**Spicy Chicken Flatbread** 14

Pepper Jack | Chicken | Cherry Pepper  
Tomato | Arugula | Mushroom

# Energize Your Soul

(V) - VEGAN | (VG) - VEGETARIAN | (GF) - GLUTEN FREE

*\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.  
We are proud to serve certified sustainable seafood. Tax and 20% gratuity will be added to all orders.  
Sundara is proud to participate in the local Orange Cat Farms CSA program.*

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## Plates

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### Open Faced Steak Sandwich\* 16

Grilled Sirloin | Tomato | Arugula  
Gorgonzola | Horseradish Aioli  
Toasted French Baguette

### Ahi Tuna Sandwich\* 16

Arugula | Tomato | Togarashi  
Lime Wasabi Aioli

### (GF) Mahi Fish Tacos 15

Red Cabbage | Napa Cabbage  
Pico de Gallo | Guacamole  
Cilantro Lime Aioli

### Chicken Salad Croissant 14

Diced Chicken Breast | Butter Lettuce  
Heirloom Tomato | Red Onion | Pecan  
House-Baked Croissant

### (V, GF) Vegan Burger 14

Beet + Vegetable Protein | Butter Lettuce  
Heirloom Tomato | Onion  
Tarragon Aquafaba Aioli

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## Dessert

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### (VG, GF) Vanilla Crème Brûlée 10

Vanilla Custard | Caramelized Sugar | Berries

### (VG, GF) Organic Banana Split 10

Organic Bananas | Vanilla Gelato | Strawberries  
Pineapple | Chocolate Sauce | Whipped Cream

### (VG, GF) Flourless Chocolate Cake 10

Chantilly Cream | Fresh Berries

### (VG, GF) Chocolate Mousse 10

Dark Chocolate | Coffee  
Shaved White Chocolate | Whipped Cream

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