



LUNCH MENU | 11AM - 4PM

Energizers

(V, GF) **Kale & Apple Salad** 14

Fresh Kale | Red Cabbage
Shredded Carrot | Granny Smith Apple
Walnuts Champagne Vinaigrette

(VG, GF) **Sundara Antioxidant Salad** 15

Fresh Arugula | Blackberries | Raspberries | Red Onion
Candied Pecans | Blue Cheese | Wild Berry Vinaigrette

(GF) **Cobb Salad** 14

Field Greens | Grilled Chicken Breast | Pancetta
Grape Tomato | Onion | Egg | Avocado
Balsamic Vinaigrette

(VG, GF) **Caesar Salad** 13

Fresh Romaine | Shaved Parmesan | Croutons
Creamy Caesar Dressing

Grilled Steak Salad* 16

Pickled Bean Sprouts | Marinated Flank Steak
Julienne Tomato | Scallion | Wonton
Thai Vinaigrette

French Onion Soup 8

4 Onion | Baguette
Emmenthaler Cheese

Soup of the Day 8

Sharables

(VG) **Chef's Assorted Cheese Plate** 18

Assorted Cheeses | Crackers
Fresh Berries | Berry Compote
Add Assorted Salami 8

(GF) **Ahi Tuna Bites** 16

Napa Slaw | Avocado | Sriracha Aioli
Sesame Crackers

Crab Cake 16

Lump Crabmeat | Corn Relish | Remoulade Sauce

(V, GF) **Chips and Dip** 11

Guacamole | Pico de Gallo

(VG) **Roasted Garlic Hummus** 14

Cucumber | Carrot | Green Beans | Toasted Pita
Olive Oil | Smoked Paprika

(VG) **Margherita Flatbread** 14

Tomato | Fresh Mozzarella | Basil | Balsamic Glaze

Wild Mushroom & Goat Cheese Flatbread 14

Wild Mushrooms | Mozzarella | Goat Cheese | Arugula

Spicy Chicken Flatbread 14

Pepper Jack | Chicken | Cherry Pepper
Tomato | Arugula | Mushroom

Buffalo Chicken Flatbread 14

Chicken | Pepper Jack | Blue Cheese Crumbles
Buffalo Hot Sauce | Creamy Ranch Dressing

Energize Your Soul

(V) - VEGAN | (VG) - VEGETARIAN | (GF) - GLUTEN FREE

Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

We are proud to serve certified sustainable seafood. Tax and 20% gratuity will be added to all orders.

Sundara is proud to participate in the local Orange Cat Farms CSA program.

Plates

Steak Sandwich* 16

Grilled Sirloin | Sautéed Onion | Horseradish Aioli | Swiss Cheese | Ciabatta Roll

Ahi Tuna Sandwich* 16

Arugula | Tomato | Togarashi | Lime Wasabi Aioli

^(GF) Mahi Fish Tacos 16

Red Cabbage | Napa Cabbage | Pico de Gallo | Guacamole | Cilantro Lime Aioli

Chicken Salad Croissant 14

Diced Chicken | Red Grapes | Pecans | Red Onion | Butter Lettuce

Chicken Bacon Guacamole Sandwich 15

Grilled Chicken Breast | Neuske's Bacon | Guacamole | Chipotle Mayo

Chicken Caesar Wrap 15

Chicken Breast | Romaine | Shaved Parmesan | Creamy Caesar Dressing | Spinach Tortilla

^(GF) Turkey Burger 15

Turkey Patty | Butter Lettuce | Tomato | Red Onion | Cranberry Mayo | Ciabatta Roll

^(V) Vegan Pulled "Pork" Sandwich 14

Slow Roasted Jackfruit | BBQ Sauce | Cabbage Slaw | Vegan Bun

^(V, GF) Vegan Burger 14

Beyond Patty | Butter lettuce | Tomato | Red Onion | Vegan Mozzarella | Tarragon Aquafaba Aioli

Dessert

^(VG, GF) Vanilla Crème Brûlée 10

Vanilla Custard | Caramelized Sugar | Berries

^(VG, GF) Organic Banana Split 10

Organic Bananas | Vanilla Gelato | Strawberries
Pineapple | Chocolate Sauce | Whipped Cream

^(VG, GF) Flourless Chocolate Cake 10

Chantilly Cream | Fresh Berries

^(VG, GF) Chocolate Mousse 10

Dark Chocolate | Coffee
Shaved White Chocolate | Whipped Cream

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