



BREAKFAST | 7:30AM - 10:30AM

SWEET PLATES

Signature (V, GF, N) Chia Seed Banana Pancakes 17
Chia Seed | Banana | Oat Flour
Topped with House Made Granola & Berries

Stuffed French Toast 17
Cinnamon | Mascarpone Cheese
Candied Pecan | Fresh Berries

Belgian Waffle 17
Fresh Berries | Belvedere Cream

(VG) Syrniki Ukrainian Farmer's Cheese Cakes 17
Fresh Farmers Cheese | Semolina Flour
Blueberry Compote | Sour Cream

(VG, N) Roasted Beet and Honeyed Ricotta Toast 17
Artisan 9 Grain Bread | Honeyed Ricotta | Fresh Raspberries
Housemade Granola | Roasted Beets | Micro Basil
Local Wildflower Honey

Signature (V, GF, N) Blueberry Muffin Smoothie Bowl 14
Blueberries | Oats | Almond Milk
Cinnamon | Housemade Granola | Fresh Berries

Signature (VG, GF, N) Wild Berry Parfait 14
Vanilla Greek Yogurt | Housemade Granola
Fresh Berries | Wildflower Honey

A LA CARTE

— 4 —
Croissant
Everything Bagel

Protein* — 6 —

- Neuske's Bacon
Sausage
(V) Beyond Sausage
Turkey Bacon
Two Eggs*

Side — 6 —

- Housemade Breakfast Potatoes
Fresh Fruit
Cottage Cheese
Fresh Berries
Avocado

SAVORY PLATES

(GF, SF) Smoked Salmon Frittata 19
Fresh Eggs* | Smoked Salmon
Dill Cream Cheese | Fresh Asparagus | Side Fresh Greens

Signature (SF) Sundara Crab Cake Benedict 20
Cage-Free Poached Egg* | Housemade Crab Cake
Sautéed Spinach | Roasted Red Pepper Hollandaise

(SF) Bagel & Lox 19
Lox (Cured Salmon) | Onion | Tomato | Cucumber
Capers | Dill Cream Cheese

(VG) Breakfast Quesadilla 17
Scrambled Eggs* | Cheddar & Pepper Jack
Black Bean Corn Salsa | Pico de Gallo | Avocado
Whole Grain Tortilla
Add Protein* 3

(VG) Avocado Toast 17
Cage-Free Sunny Side Up Egg* Avocado | Tomato
Goat Cheese | Arugula | 9-Grain Toast
Add Crab Meat 7 | Smoked Salmon 6

(VG, GF) Breakfast Tostada 17
Cage-Free Sunny Side Up Egg* | Chorizo | Pico de Gallo
Queso Fresco | Fresh Avocado | Micro Cilantro
Crispy Corn Tortilla

Breakfast Croissant 17
House Baked Croissant | Brie | House Raspberry Jam
Neuske's Bacon | Caramelized Onions | Honeycrisp Apple

Signature (VG) Sundara Breakfast Wrap 17
Egg Whites* | Mushroom | Spinach | Tomato
Pepper Jack | Whole Wheat Spinach Tortilla
Add Protein* 3

Omelette 18
Three Eggs* with choice of 3 Toppings | Side Fresh Greens
Each Additional Topping 2

Omelette Toppings
Bacon, Sausage, Jalapeño, Tomato,
Onion, Mushroom, Red Bell Pepper, Spinach,
Mozzarella, Cheddar, Pepper Jack, Goat Cheese

SF - CONTAINS FISH OR SEAFOOD | N - CONTAINS NUTS/TREE NUTS | V - VEGAN | VG - VEGETARIAN | GF - GLUTEN FRIENDLY | DF - DAIRY FREE

Tax & 20% service charge will be added to all orders.
*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs
may increase your risk of foodborne illness. We are proud to serve certified sustainable seafood.



BREAKFAST | 7:30AM - 10:30AM

Signature
BREAKFAST COCKTAILS
— 15 —

Green Chili Bloody Mary

Green Chili Vodka | House Bloody Mary Mix

Jalapeño Cucumber Bloody Maria

Cucumber Jalapeno Tequila | House Bloody Mary Mix

Sunrise Mimosa

Sparkling Wine | Hibiscus Liqueur
Fresh Squeezed Orange Juice

Ultimate Screwdriver

Ketel One Botanical Peach | Orange Blossom Vodka
Orange Juice

Botanical Breeze

Ketel One Botanical Grapefruit | Rose Vodka
Grapefruit Juice | Cranberry Juice

French Mimosa

Sparkling Wine | Chambord | Frozen Berries

Ultimate Cape Cod

Tito's | Hibiscus Liqueur | Cranberry Juice | Fresh Lime

Signature
COFFEE COCKTAILS
— 15 —

Belgian Peppermint Dream

Godiva Chocolate Liqueur | Peppermint Schnapps
Fresh Brewed Coffee | Whipped Cream
Shaved Chocolate

Carmel Bourbon Delight

Bourbon | Salted Carmel Baileys
Fresh Brewed Coffee | Whipped Cream
Caramel Syrup

Hot Chocolate Desire

Hot Chocolate | Disaronno Amaretto
Mozart White Chocolate Liqueur
Topped with Whipped Cream | Shaved Chocolate

WATER

Perrier Sparkling Mineral Water (16.9 FL OZ) 8

Perrier Sparkling Mineral Water (32 FL OZ) 12

Voss Natural Artesian Water (16.9 FL OZ) 8

Coconut Water (17.6 FL OZ) 9

JUICE

— 6 —

Grapefruit, Orange, Cranberry, Pineapple, Tomato, Apple

MILK

— 4 —

Almond Milk, Oat Milk, 2% Milk

COLD-PRESSED
JUICE SHOTS

— 9 —

Wake Up Call

apple, lemon, ginger, cayenne

Pure Greens

kale, spinach, cucumber, celery, zucchini,
romaine with apple, lemon and ginger

Rockin Beet

beet, carrot, apple, lemon, ginger

Golden Girl

turmeric, carrot, pineapple, lemon, ginger

Crafted
MOCKTAILS

— 12 —

Wellness Mary

Seedlip Garden 108 | House Bloody Mary Mix
Fresh Lemon & Lime

MiNosa

Seedlip Grove 42 | Orange Juice
Club Soda | Berries

Spice Ginger Highball

Seedlip Spice 94 | Ginger Ale | Fresh Lime

Cucumber Clean Fizz

Seedlip Garden 108
Fever Tree Cucumber Tonic | Fresh Lime

BEVERAGES

CBD Seltzer (12 FL OZ) 11
(ask for available flavors)

Forage Kombucha 8
(ask for available flavors)

Yerba Mate (12 FL OZ) 8
organic sparkling energy alternative
Blackberry Mint - 15 calories

Local Organic Soda 7
Ginger or Strawberry

HOT BEVERAGES

Rishi Tea Collection 6

Pike's Place Starbucks Coffee 5

Hot Chocolate 6

WELLNESS
SPARKLING WATER

— 11 —

Calm + Hydrate - Lime
no caffeine, 10 cal, 0g sugar
(L-Theanine, lemon balm, schisandra, alma,
pink Himalayan sea salt, potassium and magnesium)

Calm + Restore - Blackberry Ginger
no caffeine, 15cal, 2g sugar
(L-Theanine, lemon balm, schisandra, alma)

Energy + Focus - Strawberry Lemon
75mg caffeine, 10 cal, 1g sugar
(L-Theanine, schisandra, ashwagandha, organic caffeine)

Energy + Immunity - Grapefruit
75mg caffeine, 15cal, 1g sugar
(Alma, schisandra, L-theanine, organic caffeine)

L-Theanine: an amino acid naturally found in green tea that provides you with a sense of tranquility, sharpens your focus when paired with caffeine.

Lemon Balm: an herb from the mint family that helps you calm frazzled nerves.

Schisandra: antioxidant super berry that helps de-stress, sustain energy and concentration.

Alma: gooseberry that is rich in natural Vitamin-C.

Pink Himalayan Sea Salt, Potassium & Magnesium: helps you hydrate.

Ashwagandha: an adaptogen, that helps with fatigue and occasional stress.